



MAY 2026

LUNCH MENU

Ascend Academy Charter High School

Daily Beverage Options Are: 1% Milk & Nonfat Chocolate Milk

Menus Are Subject and Are Based on Availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Pizza Tossed Salad Fresh Fruit 100% Fruit Juice
4 WG Chicken Tenders WG Waffles Mashed Potatoes Mixed Vegetables Fresh Fruit 100% Fruit Juice	5 WG Beef and Cheese Burrito Brown Rice & Beans Mixed Vegetables Fresh Fruit 100% Fruit Juice	6 Stuffed Shells w/ Tomato Sauce Mixed Vegetables WG Dinner Roll Fresh Fruit 100% Fruit Juice	7 WG Chicken Patty WG Bun Lettuce & Tomatoes Cut Corn Fresh Fruit 100% Fruit Juice	8 Cheese Pizza Tossed Salad Fresh Fruit 100% Fruit Juice
11 Orange Chicken Brown Rice Mixed Vegetables Vegetable Roll Fresh Fruit 100% Fruit Juice	12 Chicken & Cheese Enchiladas Brown Rice & Beans Mixed Vegetables Fresh Fruit 100% Fruit Juice	13 WG Chicken Drumstick & Wings Mashed Potatoes Mixed Vegetables Fresh Fruit 100% Fruit Juice	14 100% Beef Burger WG Bun Lettuce & Tomatoes Cut Corn Fresh Fruit 100% Fruit Juice	15 Cheese Pizza Tossed Salad Fresh Fruit 100% Fruit Juice
18 Caribbean Beef / Chicken Patties Brown Rice & Black Beans Cut Green Beans Fresh Fruit 100% Fruit Juice	19 WG Chicken Nuggets Sweet Potato Fries Spinach WG Dinner Roll Fresh Fruit 100% Fruit Juice	20 Chicken Teriyaki Brown Rice Mixed Vegetables Vegetable Roll Fresh Fruit 100% Fruit Juice	21 Beef Ravioli WG Dinner Roll Roasted Broccoli Fresh Fruit 100% Fruit Juice	22 Cheese Pizza Tossed Salad Fresh Fruit 100% Fruit Juice
25 <i>NO SCHOOL</i>	26 Beef Meatballs Tomato Sauce WW Hoagie Roll Broccoli Fresh Fruit 100% Fruit Juice	27 Ground Turkey Peppers & Onions Rice & Beans WW Tortilla Fresh Fruit 100% Fruit Juice	28 Mac & Cheese WG Popcorn Chicken Mixed Vegetable Fresh Fruit 100% Fruit Juice	29 Cheese Pizza Tossed Salad Fresh Fruit 100% Fruit Juice