



**MAY 2026**

**BREAKFAST MENU**

Ascend Academy Charter High School

\*Daily Beverage Options Are: 1% Milk & Nonfat Chocolate Milk

\*Menus Are Subject and Are Based on Availability\*

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
				1 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
4 Egg & Cheese WG Biscuit Fresh Fruit 100% Juice	5 Turkey Sausage WG Pancake Fresh Fruit 100% Juice	6 WG Pancakes Fresh Fruit 100% Juice	7 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	8 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
11 Cinnamon French Toast Sticks Fresh Fruit 100% Juice	12 Egg, Cheese, & Sausage Taquitos Fresh Fruit 100% Juice	13 WG Mini Waffle Bites Fresh Fruit 100% Juice	14 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	15 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
18 Mini Breaded Chicken WG Biscuit Fresh Fruit 100% Juice	19 Turkey Sausage WG Pancake Fresh Fruit 100% Juice	20 Cinnamon French Toast Sticks Fresh Fruit 100% Juice	21 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	22 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
25 <i>NO SCHOOL</i>	26 Egg, Sausage, & Cheese WW Tortilla Fresh Fruit 100% Juice	27 WG English Muffin Turkey Sausage Fresh Fruit 100% Juice	28 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	29 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice