

## December 2024

## LUNCH MENU

## Ascend Academy Charter High School

\*Daily Beverage Options Are: 1% Milk & Nonfat Chocolate Milk\*

\*Menus Are Subject and Are Based on Availability\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Caribbean Style Beef Patties	WG Chicken Drumstick	Ground Turkey Tacos	WG Chicken Tenders	Cheese Pizza
Rice & Beans	Mashed Potatoes	wG Tortilla	Mixed Vegetables	Tossed Salad
Peppers & Onions	Collard Greens	Peppers & Onions	Cut Corn	Fresh Fruit
Fresh Fruit	WG Dinner Roll	Brown Rice & Beans	Dinner Roll	100% Fruit Juice
100% Fruit Juice	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
9	10	11	12	13
WG Beef and Cheese Burrito	All Beef Meatballs w/ Sauce	Stuffed Shells w/ Tomato Sauce	All Beef Burgers	Cheese Pizza
Cut Corn	WG Hoagie Roll	Mixed Vegetables	WG Burger Bun	Tossed Salad
Mixed Vegetables	Spinach	WG Dinner Roll	Shredded Lettuce & Tomato	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Mixed Vegetables	100% Fruit Juice
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	Fresh Fruit	
			100% Fruit Juice	
16	17	18	19	20
WG Chicken Patty	Beef Ravioli	Grilled Chicken Strips	Mac & Cheese	Cheese Pizza
WG Bun	Mixed Vegetables	Peppers & Onions	WG Popcorn Chicken	Tossed Salad
Lettuce & Tomatoes	Collard Greens	Collard Greens	Mixed Vegetable	Fresh Fruit
Cut Corn	WG Dinner Roll	Brown Rice	Fresh Fruit	100% Fruit Juice
Fresh Fruit	Fresh Fruit	WG Dinner Roll	100% Fruit Juice	
100% Fruit Juice	100% Fruit Juice	Fresh Fruit		
		100% Fruit Juice		
23	24	25	26	27
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
30	31			
NO SCHOOL	NO SCHOOL			
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