

December 2024

BREAKFAST MENU

Ascend Academy Charter High School

*Daily Beverage Options Are: 1% Milk & Nonfat Chocolate Milk

Menus Are Subject and Are Based on Availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey Sausage Wrapped WG Pancake Fresh Fruit 100% Juice	3 WG Mini Waffle Bites Fresh Fruit 100% Juice	4 Mini Breaded Chicken WG Biscuit Fresh Fruit 100% Juice	5 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	6 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
9 Scrambled Eggs WG Biscuit Fresh Fruit 100% Juice	10 WG French Toast Sticks Fresh Fruit 100% Juice	11 Egg Patty Turkey Sausage WG Biscuit Fresh Fruit 100% Juice	12 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	13 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
16 WG English Muffin Turkey Sausage Fresh Fruit 100% Juice	17 Turkey Sausage Wrapped WG Pancake Fresh Fruit 100% Juice	18 Egg, Cheese, & Sausage WG Tortilla Fresh Fruit 100% Juice	19 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	20 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL			