



February 2024

BREAKFAST MENU

Ascend Academy Charter High School

*Daily Beverage Options Are: 1% Milk & Nonfat Chocolate Milk

Menus Are Subject and Are Based on Availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	2 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
5 Mini Breaded Chicken WG Biscuit Fresh Fruit 100% Juice	6 Egg & Cheese Turkey Sausage WG Biscuit Fresh Fruit 100% Juice	7 WG Pancakes Fresh Fruit 100% Juice	8 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	9 WG Mini Waffle Bites Fresh Fruit 100% Juice
12 Scrambled Eggs Turkey Sausage WG Biscuit Fresh Fruit 100% Juice	13 Egg Frittata WG Biscuit Fresh Fruit 100% Juice	14 WG Mini Waffle Bites Fresh Fruit 100% Juice	15 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	16 WW Bagel w/Cream Cheese Fresh Fruit 100% Juice
19 <i>No School</i>	20 Egg & Cheese WG Biscuit Fresh Fruit 100% Juice	21 WG Mini Waffle Bites Fresh Fruit 100% Juice	22 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	23 WG Pancakes Fresh Fruit 100% Juice
26 French Toast Sticks Fresh Fruit 100% Juice	27 WG Pancakes Fresh Fruit 100% Juice	28 Mini Breaded Chicken WG Biscuit Fresh Fruit 100% Juice	29 Assorted Cereal or Granola Bar Yogurt Option Fresh Fruit 100% Juice	